

Safe Travel Guidelines for Essential Employees

Essential employees are performing work that is critical to every resident of Connecticut. We want you to remain safe and healthy during your commute by following these guidelines and by using the included resources to answer any specific questions you may have.



Safety Guidelines

1. Face Masks

Travel safely by wearing a face mask or cloth face covering on all public transit vehicles, buses or trains, as well as at bus stops and rail stations. Commuters whose medical condition prevents them from wearing a mask or face covering are exempted.

2. Bus and Rail Boardings

Enhanced boarding procedures have been implemented on many of these services which may require customers to enter the bus through the rear door or only through select rail car doors. This protects you and the transit staff. Please check with your operator for the current procedures. Bus passengers who are in wheelchairs and others who require the bus to kneel can still board at the front of the bus.

3. Bus and Rail Fares

Most operators have suspended the payment of fares by cash. Check with your operator to determine payment policies such as whether you must have a pre-purchased ticket and the way(s) you can purchase your ticket.

4. Transit Schedules

Due to the COVID-19 crisis, all services have adjusted their operating schedules. Check with your operator listed below for current schedule information.

5. Social Distancing

Be sure to maintain a distance of at least six (6) feet from others when traveling, whenever possible. According to the CDC, social distancing minimizes the likelihood of either infecting or spreading infections to others.

6. Good Health Practices

Follow state and CDC guidelines on sneezing and coughing by making sure you cover your mouth and nose with a tissue or your elbow or upper arm if you need to cough or sneeze. It is also recommended that you wash your hands often for at least 20 seconds for each washing and use hand sanitizers if washing is not possible.

7. Feeling Sick

Do not travel by public transportation if you're feeling ill to avoid spreading any illness or infection to others.

Resources

1. Visit [CT.gov/coronavirus](https://www.ct.gov/coronavirus) for the latest information, resources and guidance on COVID-19
2. Contact your transit operator for the latest information

Bus

- *CTtransit* – www.CTtransit.com
- Windham Region Transit District – wrtcd.org
- Southeastern Area Transit – southeastareatransitdistrict.com
- 9Town/ Estuary Transit – estuarytransit.org
- Middletown Area Transit – www.middletownareatransit.org
- Greater Bridgeport Transit – gogbt.com
- Housatonic Area Transit – hartransit.com
- Norwalk Transit – norwalktransit.com
- Milford Transit District – milfordtransit.com
- Northeastern CT Transit District – www.nectd.org
- Northwestern CT Transit District – nwccttransit.com

Rail

- *CTrail* Hartford Line – hartfordline.com
- *CTrail* Shore Line East – shorelineeast.com
- Metro North - New Haven Line – mta.info
- Amtrak – amtrak.com



Fewer cars. Better air. Healthier lives.